

## *'Peace Prevails' School Programme Background*

Over 10 years ago, we began to think about how we could help the next generation to have an understanding and experience of what 'May Peace Prevail on Earth' really means to them in their lives.

In order to reach as many children as possible, we felt the best way to do this was to develop a programme that could be included in the everyday life of a school and delivered by the teachers.

This programme would have to 'tick boxes', as teachers are so busy fulfilling the needs of the curriculum that it would not work if we then expected them to deliver this programme outwith their many commitments!

Another requirement of the programme would be simplicity! Easy to use lessons and the resources. To meet this requirement, we developed the training for teachers, the Lesson Plans with aims, learning outcomes and easy to read guidelines. All resources, that are not readily available in the classroom, are also provided.

After much research and gathering resources and experiences from our teacher friends and colleagues in this country and around the world, the 'May Peace Prevail on Earth' school programme was born!!! The pilot took place in Fife in 2005.

## *'May Peace Prevail on Earth' school programme*

This is the original programme, and is still being used today.

The main difference between this and the 'Peace Prevails' programme (see below), is that this programme consists of 'hard copies' i.e. Resource Packs rather than downloadable resources. The training is carried out with teachers in a one day, 'face to face' training session. If your school is near to Dumfries, Scotland, then we are very pleased to offer you this option.

## *'Peace Prevails' Programme*

### *Overview*

The 'Peace Prevails' programme is an online teachers training version of the 'May Peace Prevails on Earth' school programme. Teachers will be trained 'online', therefore, there will be no geographical barriers and the programme can be delivered locally, nationally and internationally!

The pilot and initial development of the teachers training has been financed by the National Lottery programme. 'Investing in Ideas' and piloted in two schools. We worked in partnership with [Learning Ideas Ltd](#) with the online learning platform.

### *'What is the programme?'*

A complete Resource for teachers to deliver as an integral part of their classroom practice. The 'whole school programme' includes:

- ✓ Blended learning (a mixture of online learning, individual assignments and group work)
- ✓ Lesson Plans and resources for two programme: 5 – 7yrs and 8-11yrs
- ✓ School Licence

*'How is it structured?'*

Each programme consists of 8 Lessons and a Review Lesson as shown in the diagram below and the two tables that follow.

**'May Peace Prevail on Earth'  
Schools Programme**



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<b>5 - 7yr programme</b>	
Lessons 1 - 4	'May Peace be in my Heart'
Lesson 5	'May Peace be within my Friends'
Lesson 6	'May Peace be within my Family'
Lesson 7	'May Peace be in my School'
Lesson 8	'May Peace be in my Community'
Review	

<b>8 - 11yr programme</b>	
Lessons 1 - 2	'May Peace be in my Heart'
Lesson 3	'May Peace be within my Friends and Family'
Lesson 4	'May Peace be in my School'
Lesson 5	'May Peace be in my Community'
Lesson 6	'May Peace be in my Country'
Lesson 7	'May Peace be in All Living Beings'
Lesson 8	'May Peace Prevail on Earth'
Review	

All Lessons have an Aim, Experiences and Learning Outcomes and all Activities within the Lessons have a Purpose.

# Sample aims and objectives from a lesson

Lesson 1 & 2: May Peace be in my Heart Age 8 – 11 Years

## Lesson One

### Introduction and 'May Peace be in my Heart'

**Time** 1 ½ Hours or 2 x ¾ hrs

**Aim** To enable children to begin to discover what peace is and to recognise that it begins within each one of us.

#### Learning Experiences and Outcomes

The children will experience and learn that:

1. They can make choices about how they think and feel about people.
2. Peace can mean different things to different people and different cultures.
3. By choosing to think nice thoughts and do and say nice things to other people, they can help themselves and others to feel happy and peaceful.
4. Their thoughts, words and actions affect themselves and others.
5. Peace begins in their heart.
6. Peace is within them, it is always there if they look for it.

## Sample structure from a lesson

Lesson 1 & 2: May Peace be in my Heart Age 8 – 11 Years

### Peace Agreements (Core Values)

(Discussion and Activity)

<b>Materials</b>	Flip chart paper and pens
<b>Purpose</b>	<ul style="list-style-type: none"><li>- To identify and agree core values for the programme.</li><li>- To create an atmosphere of safety and respect.</li><li>- To help the children feel more at ease with each other.</li></ul>
<b>Tip</b>	<p>This is a time to agree the behaviour needed to enable everyone to feel peaceful during these lessons.</p> <p>It can also link into a "Values based" education programme, by recognising the values that are necessary to sustain and expand a feeling of 'peace'.</p>
<b>Activity</b>	<p>Ask the children to write on the blank flip chart what their behaviour should be like during the 'Peace' lessons, so that everyone will be able to feel peaceful. They are to take responsibility for their behaviour.</p> <p>Encourage the children to think of words like: respect, fun, listening, confidentiality etc.</p> <p>Ask the children to sign the paper once it is completed – thereby taking ownership. You can also sign the paper if you wish</p>
<b>Tip</b>	<p>It is a good idea to have these agreements available for each lesson of the programme, so that if necessary, you can refer back to them.</p>

### 'What areas of the curriculum does it link with?'

- ✓ Health and Wellbeing
- ✓ Citizenship
- ✓ 'Getting it right for every child'
- ✓ Religious Observance
- ✓ Can underpin the Curriculum for Excellence in Scotland
- ✓ Personal and social development/education
- ✓ Community/social cohesion
- ✓ Touches on a wide range of cross-curricular areas including:
  - ✓ Expressive art,
  - ✓ geography,
  - ✓ literacy,
  - ✓ inclusion,

- ✓ creative writing,
- ✓ manual dexterity,
- ✓ ecology,
- ✓ Values and Citizenship
- ✓ Can be expanded to other areas to link in with whole school and class projects

## Head teacher's quotes

**Karen Carter**, head teacher of Lockerbie Primary School:

*'As part of the ongoing Health and Wellbeing work we decided that the 'Peace Prevails' programme fits perfectly into the development of our nurturing approach. Ten of our teachers are undertaking the training to ensure that all pupils will benefit from the 'whole-school involvement. This will benefit both the children and adults involved and we hope, in some way to involve parents in the development of this project'.*

**Joanne Caine**, head teacher of St Paul's CE Primary School, Oldham:

*'I was eager for this programme to be in my school because it empowers my own teachers to appreciate the concepts and then teach. I believe that this sense of ultimate empowerment – (peace comes from within) and ultimate responsibility, (my peace resonates from me to others), raises every aspect of school life. It stimulates the natural love for learning, which also comes from within.'*

## Children's quotes

*'I liked it because I left school feeling calm and relaxed'*

*'I discovered that peace can be FUN'*

*'It makes me feel different when I am doing the programme. I never thought peace was so strong!'*

*'I can appreciate things differently'*

*'My peace be in all of us'*

*'I liked it because I left school feeling calm and relaxed'*

*'It has made me understand how people feel'*

*'It has changed the way I think about peace, because if I say something nice, it makes people feel happy'*

*'I will never harm trees because they are living things just like me.  
And peace is not always religious'*